



# T.E.D.™ Anti-Embolism Stockings

## DVT Prevention for your patient

### How to Measure

Studies that proved the clinical effectiveness of T.E.D.™ anti-embolism stockings used thigh length styles. Select thigh length wherever possible unless knee length is more appropriate to patient condition.



- 1** Measure Upper Thigh Circumference  
*If thigh circumference is less than 91.4cm, choose: Thigh length or Thigh length with belt*
  - 2** Measure Calf Circumference at greatest point
  - 3** Measure distance from Buttock Fold to Heel
- If Upper Thigh Circumference is 91.4cm or more choose: Knee length*
- 2** Measure Calf Circumference at greatest point
  - 3** Measure distance from behind Knee to Heel

### Selection Guide

#### Thigh length Style



Thigh Circumference 1	Calf Girth 2	Leg Length 3	Code	Size	Colour	
					Toe	Top
Less than 63.5cm	Less than 30.5cm Small	Less than 74cm Short	3071LF	A	Yellow	Blue
		74cm to 84cm Regular	3130LF	B	Yellow	Blue
		84cm or more Long	3222LF	C	Yellow	Blue
	30.5 to 38cm Medium	Less than 74cm Short	3310LF	D	Yellow	Blue
		74cm to 84cm Regular	3416LF	E	Yellow	Blue
		84cm or more Long	3549LF	F	Yellow	Blue
38 to 44.5cm Large	Less than 74cm Short	3634LF	G	Yellow	Blue	
	74cm to 84cm Regular	3728LF	H	Yellow	Blue	
	84cm or more Long	3856LF	J	Yellow	Blue	
63.5 to 81.3cm	38 to 44.5cm Extra Large	Less than 74cm Short	4010LF	K	Green	Blue
		74cm to 84cm Regular	4114LF	L	Green	Blue
		84cm or more Long	4216LF	M	Green	Blue
63.5 to 81.3cm	44.5 to 54.6cm Extra Large Plus	Less than 74cm Short	3180LF	N	Green	Blue
		74cm to 84cm Regular	3181LF	P	Green	Blue
		84cm or more Long	3182LF	Q	Green	Blue
81.3 to 91.4cm	54.6 to 66cm Extra Extra Large	Less than 74cm Short	3183LF	R	Purple	Blue
		74cm to 84cm Regular	3184LF	S	Purple	Blue
		84cm or more Long	3185LF	T	Purple	Blue

**IMPORTANT** - to ensure your patient gets the right levels of compression, it is essential to take accurate measurements. By following the measuring guide you will be able to select the correct style and size of stocking.

### Fitting Guide



Put hand inside stocking and grab heel pocket.



Pull stocking inside out.



Place stocking over foot. Align inspection toe hole to fall under toes. Ensure patient's heel is centred in the heel pocket.



After calf portion is applied start rotating stocking inward where the break in pressure occurs, so that the gusset is placed over the femoral artery (slightly towards the inside of the thigh). The stitch change in the thigh length should be positioned 3-5cm below knee (for knee length style, position top 3-5cm below knee).

#### Thigh length with Belt Style



Thigh Circumference 1	Calf Girth 2	Leg Length 3	Code	Size	Colour	
					Toe	Top
Less than 63.5cm	Less than 25cm Extra Small	Less than 71cm Regular	3306	-	Yellow	Blue
		71cm & more Long	3320	-	Yellow	Blue
	25 to 30.5cm Small	Less than 72cm Regular	3039-	A+	Yellow	Blue
		72cm & more Long	3364	B+	Yellow	Blue
	30.5 to 38cm Medium	Less than 72cm Regular	3144	C+	Yellow	Blue
		72cm & more Long	3449	D+	Yellow	Blue
38 to 44.5cm Large	Less than 74cm Regular	74 cm & more Long	3523	F+	Yellow	Blue
		Less than 72cm Regular	3922	G+	Green	Blue
	72cm & more Long	3995	H+	Green	Blue	

Stockings should be laundered every 2 to 3 days, unless soiled (in case they should be cleaned/replaced immediately). Laundering increases the length of service by removing body secretions from the elastic threads.

#### Knee length Style



Calf Girth 2	Leg Length 3	Code	Size	Colour	
				Toe	Top
Less than 30.5cm Small	Less than 41cm Regular	7071-	A-	Yellow	Blue
	41cm & more Extra Long	7339	B-	Yellow	Blue
30.5 to 38cm Medium	Less than 43cm Regular	7115	C-	Yellow	Blue
	43cm & more Extra Long	7480	D-	Yellow	Blue
38 to 44.5cm Large	Less than 46cm Regular	7203-	E-	Yellow	Blue
	46cm & more Extra Long	7594	F-	Yellow	Blue
44.5 to 51cm Extra Large	Less than 46cm Regular	7604-	G-	Green	Blue
	46cm & more Extra Long	7802-	H-	Green	Blue
51 to 58.4cm Extra Extra Large	Less than 46cm Regular	7470LF	J-	Purple	Blue
	46cm & more Extra Long	7471LF	K-	Purple	Blue
58.4 to 66cm Extra Extra Extra Large	Less than 46cm Regular	7472LF	L-	Purple	Blue
	46cm & more Extra Long	7473LF	M-	Purple	Blue

**CONTRA-INDICATIONS:** Massive oedema of leg or pulmonary oedema from congestive heart failure; severe arteriosclerosis or other ischaemic vascular disease; extreme deformity of the leg. Any local leg conditions in which stockings would interfere, such as:

- 1) Dermatitis
- 2) Vein Ligation (immediate postoperative)
- 3) Gangrene
- 4) Recent Skin Graft

Download the **FREE T.E.D.™ APP** and discover sizing and application procedures.

